Danish Cancer Society Centre for Research on Survivorship and Late Adverse Effects After Cancer in the Pelvic Organs



DANSK KRÆFTFORUM, marts 2018 On behalf of the steering group Peter Christensen, professor, overlæge dr.med. Pelvic Floor Unit, Aarhus University Hospital



Improved survival 40 years trend in survial of rectal cancer



Quaresma et al, Lancet 2015

Longterm morbidity sequilae following rectal cancer treatment



General exposure: surgery, radiation, medical oncology

Abdominal wall, adhesions, pain

Anxiety, depression

Pelvic Organ Dysfunction



Pelvic Organ Dysfunction | sequilae following rectal cancer treatment





Organ dysfunction often co-exist Multiorgan involvement require a multidiciplinary approach

Steering group | Aarhus – Aalborg co-operation



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Co-funding from Central Denmark Region and Northern Denmark Region ie d.kr.15 mio/three years

NATIONAL PERSPECTIVE



From Bench to Bedside to Healthcare Beyond Cancer

		Cross sectional	Prospective	Patophys.	Clinical Trials	Prevention	Socio economy
Co	olon	DCCG cohort	Smart data DCCG	Diarrhea, microbioma	Cancer seqv Clinics Treatment Algorithm Two RCTs: BAM + diet		Impact and work realtion QUALY and Cancer seqv Clinics
R	ectum	DCCG cohort	Smart data DCCG	HRM and LARS Empty, Size matters Chronic pain	Cancer seqv Clinics Treatment Algorithm Sex and cure Two RCTs: Klyster vs TAI + Pain treatment		Impact and work relation QUALY and Cancer seqv Clinics
A	nal	PROM development AUH, DACG	Dose vs function	Size matters	Cancer seqv Clinics Treatment Algorithm	Dose vs toxicity	
B	ladder	National survey DBCG					Optional
Pi	rostate	National survey DPCG					Optional
Ce	ervix	National survey DGCG	Monitor	Chronic pain	Monitor Pain treatment	Dose vs toxicity	Optional

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Colon	DCCG cohort	Smart data DCCG	Diarrhea, microbioma	Cancer seqv Clinics Treatment Algorithm Two RCTs: BAM + diet		Impact and work realtion QUALY and Cancer seqv Clinics
Rectum	DCCG cohort	Smart data DCCG	HRM and LARS Empty, Size matters Chronic pain	Cancer seqv Clinics Treatment Algorithm Sex and cure Two RCTs: Klyster vs TAI + Pain treatment		Impact and work relation QUALY and Cancer seqv Clinics
Anal	PROM development AUH, DACG	Dose vs function	Size matters	Cancer seqv Clinics Treatment Algorithm	Dose vs toxicity	
Bladder	National survey DBCG					Optional
Prostate	National survey DPCG					Optional
Cervix	National survey DGCG	Monitor	Chronic pain	Monitor Pain treatment	Dose vs toxicity	Optional

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Multible organ envolvement | multidiciplinary treatment











Nurse led clinics | 'optimised' conservative treatment



Optimised Conservative Treatment

- ✓ Algorithm-based
- Motivational interview
- Individual goal setting
- ✓ List of medication
- ✓ Lifestyle and habbits
- Diet regulation (not always more fibres)
- ✓ Loparomide
- Rectal emptying with suppositories or mini-enemas













Change of practise | four planed randomized controlled trials among results from the Cancer Seqv Clinics









Low FodMap vs High Flbres

Opoid droplets for severe diarhoea

Small vs High volume rectal irrigation

Pain treatment

Thank you for your attention

